

MEMORIU DE ACTIVITATE

I. Date biografice

Nume: POPOVICIU

Prenume: CĂTĂLINA-MARIA

Naționalitate: română

II. Studii și formare profesională

2019-2025 – Studii doctorale, Școala doctorală de Psihologie și Științele Educației, Facultatea de Psihologie și Științele Educației, Domeniul Psihologie, Universitatea București.

2024-2025 – Studii post-universitare, Institutul pentru sănătate mintală globală Lisabona, Portugalia, Politici Publice Și Servicii de Sănătate Mintală, Școala de Medicină, Universitatea Nova Lisabona.

2021-2022 – Bursă doctorală Fulbright Student Award, Școala de Medicină, Departamentul de Psihiatrie și studii comportamentale, Centrul pentru Sănătatea mintală a tinerilor și adolescenților, Universitatea Stanford.

2018-2018 – Bursă Erasmus, Domeniul Psihologie Clinică, Școala de Psihologie, Universitatea din Padova.

2017-2019 – Studii masterale, Facultatea de Psihologie și Științele Educației, Psihologia Sănătății, Departamentul de Psihologie, Universitatea București.

2016-2016 – Bursă Erasmus, Domeniul Psihologie, Facultatea Europeană din Roma.

2014-2017 – Studii de licență, Facultatea de Psihologie și Științele Educației, Domeniul Psihologie, Universitatea București.

2010 – 2014 – Studii liceale, Colegiul Național Gheorghe Lazăr, București

III. Dezvoltare academică

a) Burse:

Fulbright Student Award 2021-2022, Visiting Student Researcher, Universitatea Stanford.

b) Granturi:

1. 2025 – 2028 - u'GOOD – A relational framework for youth wellbeing
2. 2024 - 2025 - Wellcome Trust – Open-access common mental health measures
3. 2024 – Youth Researchers Forum, World Health Organization
4. 2021- 2022 - Grant Ethics, Society and Technology, Stanford University

IV. Conferinte

Popoviciu, C. M., Voicu, T., Adamik, R., Djordjević, L., & Szlamka, Z. (2025, May). *Mental health prevention and promotion in youth mental health in Central and Eastern Europe*. International Association for Youth Mental Health Conference, Vancouver, Canada.

Popoviciu, C. M., & Giosan, C. (2024, November 1–3). *Predictors of adolescents' social media engagement and digital addiction*. World Conference on Research in Education, Copenhagen, Denmark.

Popoviciu, C. M., & Giosan, C. (2024, March 28–29). *Predictors of adolescents' social media engagement and digital addiction*. International Conference on Psychology, Language, and Teaching (ICPLT-24), Amsterdam, Netherlands.

Popoviciu, C. M. Voicu, T., Adamik, R., Djordjević, L., & Szlamka, Z. (2024, November 6–8). *Mental health promotion and prevention in Central and Eastern European countries*. World Health Organization Mental Health Week, Thessaloniki, Greece. [Award grant presentation].

Popoviciu, C. M. (2024). *Youth mental health in schools*. Bold Ideas for Brighter Futures, Karolinska Institutet, Stockholm, Sweden. [Working group contribution].

Popoviciu, C. M. (2024). *Being Learning and Support Network Gathering*, Mohammed IV Research Center, Rabat, Morocco. [Organizer & facilitator].

Popoviciu, C. M. (2023, October). *Youth Engaged for Mental Health Framework*. World Health Organization Mental Health Week, Athens, Greece. [Invited presentation & workshop facilitation].

Popoviciu, C. M. (2022, November). *Digital mental health*. World Health Organization Mental Health Week, Athens, Greece. [Invited panelist].

Popoviciu, C. M. (2022, October). *Digital mental health*. Youth4Health Conference, Tirana, Albania. [Panelist & workshop facilitator].

Popoviciu, C. M. (2022, November). *Youth participation framework*. Pan-European Mental Health Coalition Conference, Ankara, Turkey. [Invited presentation].

V. Publicații academice:

Popoviciu, C. M., & Giosan, C. (2026). Mental Health Predictors of Adolescents' Social Media Engagement and Digital Addiction: An Interaction of Person–Affect–Cognition–Execution Model Approach. *Cyberpsychology, Behavior, and Social Networking*, 21522715261434383.

Popoviciu, C. M. (2024). Intersectional identities online. In V. Harrison, A. Collier, & S. Adelsheim (Eds.), *Social media and youth mental health*. American Psychiatric Association Publishing.

Popoviciu, C. M. (2019). The role of locus of control and self-perception in the relationship between cyberbullying and depression, anxiety, and stress in emerging adults. *Studia Doctoralia*, 10(1), 127–140. <https://doi.org/10.47040/sd/sdpsych.v10i1.88>

Popoviciu, C. M., Voicu, T., Adamik, R., Djordjević, L., & Szlamka, Z. (2025). Youth mental health prevention and promotion in Central and Eastern Europe: What works, and what needs to be done? *OSF Preprints*. <https://doi.org/10.31219/osf.io/cxzvu>.

Giosan, C., **Popoviciu, C. M.**, Zhamaliyeva, S., Zaborot, I., & Deac, G. (2024). Evaluating the efficacy of support groups in the metaverse for Ukrainian refugees: A protocol for a randomized clinical trial. *Trials*, 25(1), 697. <https://doi.org/10.1186/s13063-024-08543-6>

Guțu, S. M., Cosmoiu, A., Cojocaru, D., Turturescu, T., **Popoviciu, C. M.**, & Giosan, C. (2021). Bot to the rescue? Effects of a fully automated conversational agent on anxiety and depression: A randomized controlled trial. *Annals of Depression and Anxiety*, 8(1), 1107. <https://doi.org/10.26420/anndepressanxiety.2021.1107>

Giosan, C., Pană, A., Cosmoiu, A., Chira, A. M., Toma, A. M., Papasteri, C. C., ... & **Popoviciu, C. M.** (2024). Mental health literacy and academic performance (MHLAP) in high school students: A randomized clinical trial protocol. *Trials*, 25(1), 41. <https://doi.org/10.1186/s13063-024-08270-y>

Hall, J., Nesrallah, S., Ras, D., Bailie, A., Brunskill, H., Jutten, E., ... & Lazeri, L. (2024). Youth participation in strengthening the quality of child, adolescent, and youth mental health in the World Health Organization European Region. *Journal of Adolescent Health*, 75(3), 519–521. <https://doi.org/10.1016/j.jadohealth.2024.04.025>

Hall, J., Atmore, K. H., Belikova, R., Skinner, C. B., Corrigan, L., Giannaki, A., Guerreiro, A. I. F., Kalpaxi, P., Kelly, C., Kotsis, K., Ougrin, D., **Popoviciu, C. M.**, Christensen, A. M. R., Ras, D., Redlich, C., Salisbury, T. T., Sibilio, R., Tijerino, A. M., Lazeri, L., & Breda, J. (2025). Methods for WHO quality standards in child and youth mental health services: Improving quality of care and patient safety in the WHO European Region. Accepted for publication in *Frontiers in Health Services*.

VI. Voluntariat

2024 – Present: Fondator Project Well. – asociație pentru sănătatea mintală a tinerilor și adolescenților din România.

2023 – Present: Co-fondator Let's CEE – inițiativă pentru sănătatea mintală a tinerilor și adolescenților din Europa Centrală și de Est.